



Congratulations!

You are now part of a unique infant nutrition program called the Kodiak KINDNESS Project, funded by grants, including the Providence Alaska Foundation, individual and corporate donors, and local businesses. The KINDNESS Project collaborates with and is supported by Providence Kodiak Island Medical Center, the Kodiak Community Health Center, and the Kodiak Area Native Association to provide you with excellent infant feeding services throughout your baby's first year of life.

THERE IS NO COST TO PARTICIPATE, and we do not bill your health insurance.
Everyone with a child under 12 months is eligible, regardless of feeding method.
You may ask to withdraw from the Kodiak KINDNESS Project at any time.

Signing this consent allows us the privilege of providing your family with KINDNESS services. Privacy is an important element of health care that the KINDNESS Project takes very seriously. We want you to fully understand how your privacy is managed when you consent to receive KINDNESS services. Please read through the following and ask us if you have any questions. You can call us any time at 907-539-2660.

I understand and agree that at certain times during my baby's first year of life, any paid staff or volunteer associated with the KINDNESS Project may contact me by phone, leave me a voicemail, text me, email me, or visit me in my home to provide me with KINDNESS services. I also have the option to receive services through a secure text, email, and video platform. I may decline any service or communications by contacting any member of the KINDNESS Project at any time. I understand and agree that all information that I give KINDNESS either electronically, verbally, or written may be added to a secure cloud-based system, and I can ask to have my information taken out of the system at any time.

I understand that I can participate in the KINDNESS Project without providing an email address or consenting to the HIPAA-compliant message platform, but some KINDNESS services may be modified or limited. KINDNESS does not share email addresses with any other entity and uses email only as a method of direct communication to provide services.

I understand and agree that the KINDNESS Project might contact my primary health care provider to help make sure that my baby gets good nutrition and to coordinate my baby's health care, such as letting them know my baby's weight at a KINDNESS home visit, or to notify my health care provider of a feeding concern requiring medical care beyond the scope of KINDNESS services. If I participate in the Kodiak WIC Program or the Infant Learning Program, I understand that the KINDNESS Project might contact these partner organizations to coordinate my baby's care and to let them know what services the KINDNESS Project has provided to my family.

I understand and agree that the KINDNESS Project might use the information I give combined with the information from other parents for research and improvement. Examples include to find out what makes breastfeeding easier or to find out how well the KINDNESS Project is working. I understand that the information used for research and improvement will not identify me individually.

_____ I have been offered (electronic or paper): Kodiak KINDNESS Project Privacy Policy, Health Policy, a copy of this consent and a description of KINDNESS Project Services.

_____ I want to sign up for text, and video communications with KINDNESS using an encrypted, HIPAA-compliant messaging service called TigerConnect, at no cost to me. I, and anyone else I authorize, will receive SMS messages from a five-digit "short code". I can go to the secure message platform by clicking on the link *inside* the message (no app download required). I can cancel this service by texting "STOP" to the short code at any time. I can text "HELP" to the short code to receive instructions on using the service at any time. If I unsubscribe, I understand that I can still participate with KINDNESS, but only through phone calls, email, and in-person visits. I understand that KINDNESS is not responsible for delayed or undelivered messages, any incorrect information I provide, changed phone numbers, lost phones, phone security on my phone, or adding/deleting someone authorized to receive messages on my behalf. I understand that message and data rates may apply, depending on my personal cell phone plan.



PROJECT OVERVIEW

We can provide services in English, Spanish and Tagalog

Our Team

- Services Coordinator – IBCLC/SLP
- IBCLC/RDN with pediatric experience
- Experienced Peer Counselors

Our Services – all completely FREE



Proactive support: KINDNESS will contact you at several points during the first year of your baby’s life, to see how you and your baby are doing. We will ask a few questions, and you can ask us anything about your baby’s nutrition or growth. If we don’t know the answer, we’ll refer you to someone who does. You can expect to hear from us around these times after your baby is born:

2-3 days 1 week 2 weeks 6 weeks 3 months 6 months 9 months 1 year

Warm line: You can call our “warm line” at any time if you have questions or concerns, or if you wish to withdraw from receiving proactive communications at any time through your KINDNESS Journey.

Our Coordinator carries the “warm line” cell phone (907-539-2660) most of the time. Our excellent Peer Counselors and volunteers provide coverage when our Coordinator is unavailable.

Home visits: KINDNESS offers home visits to set you up with a breast pump or infant scale, or help you with any aspect of feeding your baby.



Breast pumps, infant scales and other tools: KINDNESS offers short term loans of hospital-grade Unimom OPERA multi-user electric pumps, and SECA infant scale loans in the first few weeks of life while feeding is being established. We also provide hand pumps & other feeding aids not available locally to help you meet your feeding goals.



Infant nutrition workshops: We will invite you to attend an experiential workshop (offered virtually or in-person), when your baby is a few months old, on how infants learn about tasting and eating food. We continually update the content to keep up with current AAP infant nutrition recommendations. The workshop covers why, when, where, what, and how to expose your baby to flavors, help them manage food textures, learn to eat a variety of different foods, and drink from a cup.

<p>HOW TO CONTACT US 907-539-2660 mamabear@kodiakkindness.org www.kodiakkindness.org</p> <p>We may also call you from 206-672-4058 this “masked” number does not take incoming calls</p>	<p>For the FASTEST response Call us any day, any time (even the middle of the night!)</p> <p>We receive text messages and email...but for best service, we prefer to provide guidance by phone. In the middle of the night, a text message will not awaken us.</p> <p>You will NEVER be bothering us; this is what we do... ...and we love doing it! So please just CALL.</p> <p>PLEASE ADD BOTH NUMBERS TO YOUR CONTACTS SO YOU KNOW IT’S US WHEN WE CALL!!</p>
---	---