

## Contraception Methods

TRADE NAME	TYPE	ESTROGEN	PROGESTIN	FORMULATION	COMMENT
Allesse' Aviane' Lessina' Levlite' Lutera' Sronyx	Monophasic	Ethinyl estradiol 20 mcg	Levonorgestrel 0.1 mg	Oral	Avoid
Angeliq	Monophasic	Estradiol 1 mg	Drospirenone 0.5 mg	Oral	Avoid
Approved in Europe with US FDA approval expected early 2012.	Monophasic	17 p-estradiol 1.5 mg	Nomogestrol acetate 2.5 mg	Oral	Avoid
Apri' Desogen' Emoquette' Ortho-Cept' Reclipsen' Solia	Monophasic	Ethinyl estradiol 30 mcg	Desogestrel 0.15 mg	Oral	Avoid
Aranelle' Leena' Tri-Norinyl	Triphasic	Ethinyl estradiol 35 mcg	Norethindrone 0.5 mg (days 1-7), 1 mg (days 8-16), 0.5 mg (days 17-21)	Oral	Avoid
Azurette' Kariva' Mircette	Biphasic	Ethinyl estradiol 20 mcg (days 1-21), 10 mcg (days 24-28)	Desogestrel 0.15 mg	Oral	Avoid
Balziva-28, Briellyn 28, Ovcon-35, Zenchent	Monophasic	Ethinyl estradiol 35 mcg	Norethindrone 0.4 mg	Oral	Avoid
Beyaz' Gianvi' Loryna' Yaz	Monophasic + levomefolate calcium 0.451 mg	Ethinyl estradiol 20 mcg (days 1-24)	Drospirenone 3 mg (days 1-24)	Oral	Avoid
Brevicon' Modicon' Necon 0.5/35, Nortrel 0.5/35	Monophasic	Ethinyl estradiol 35 mcg	Norethindrone 0.5 mg	Oral	Avoid
Camila' Errin' Jolivetle' Micronor' Nora-BE, Norethindrone' Nor-QD, Ortho- Micronor	Progestin only		Norethindrone 0.35 mg	Oral	Acceptable
Caziant' Cesia' Cyclessa' Velivet	Triphasic	Ethinyl estradiol 25 mcg	Desogestrel 0.1 mg (days 1-7), 0.125 (days 8-14), 0.15 mg (days 15-21)	Oral	Avoid

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Cryselle <sup>®</sup> Lo/ Ovral <sup>®</sup> Low- Ogestrel	Monophasic	Ethinyl estradiol 30 mcg	Norgestrel 0.3 mg	Oral	Avoid
Demulen 1/35, Kelnor Zovia 1/35	Monophasic	Ethinyl estradiol 35 mcg	Ethynodiol diacetate 1 mg	Oral	Avoid
Depo-Provera	Progestin only		Medroxyprogesterone 150 mg every 3 months	IM Injection	Acceptable
Depo-SubQ Provera	Progestin only		Medroxyprogesterone 104 mg every 3 months	SQ Injection	Acceptable
Enpresse <sup>®</sup> Levonest <sup>®</sup> Trivora	Triphasic	Ethinyl estradiol 30 mcg (days 1-6), 40 mcg (days 7-11), 30 mcg (days 12- 21)	Levonorgestrel 0.05 mg (days 1-6), 0.075 mg (days 8-14), 0.15 mg (days 15-21)	Oral	Avoid
Estrostep 21, Tilia	Triphasic	Ethinyl estradiol 20 mcg (days 1-5), 30 mcg (days 6-12), 35 mcg (days 13-21)	Norethindrone 1 mg	Oral	Avoid
Estrostep Fe <sup>®</sup> Tilia Fe <sup>®</sup> Tri-Legest Fe	Triphasic/ iron days 22-28	Ethinyl estradiol 20 mcg (days 1-5), 30 mcg (days 6-12), 35 mcg (days 13-21)	Norethindrone 1mg	Oral	Avoid
Femcon Fe	Monophasic/ iron days 22-28	Ethinyl estradiol 35 mcg	Norethindrone 0.4 mg	Oral	Avoid
Gildess Fe <sup>®</sup> Junel FE 1/20, Loestrin 24 FE 1/20, Microgestin Fe 1/20	Monophasic/ iron days 25-28	Ethinyl estradiol 20 mcg (days 1-24)	Norethindrone acetate 1 mg (days 1-24)	Oral	Avoid

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Gildess Fe 1.5/30, Gildess Fe 1.5/30, Junel Fe 1.5/30, Loestrin Fe 1.5/30, Microgestin Fe 1.5/30	Monophasic/ iron days 22-28	Ethinyl estradiol 30 mcg	Norethindrone acetate 1.5 mg	Oral	Avoid
Implanon	Progestin only		Etonogestrel 60-70 mcg/day (year 1), 35-45 mcg/day (year 2), 30-40 mcg/day (year 3)	Subdermal Implant	Acceptable
Introvale' Jolessa' Quasense' Seasonale	Continuous cycle regimen	Ethinyl estradiol 30 mcg (days 1-84)	Levonorgestrel 0.15 mg (days 1-84)	Oral	Avoid
Junel-21 1/20, Loestrin 21 1/20, Microgestin 1/20	Monophasic	Ethinyl estradiol 20 mcg	Norethindrone acetate 1 mg	Oral	Avoid
Junel-21 1.5/30, Loestrin-21 1.5/30, Microgestin 1.5/30	Monophasic	Ethinyl estradiol 30 mcg	Norethindrone acetate 1.5 mg	Oral	Avoid
Levlen' Levora' Nordette' Portia	Monophasic	Ethinyl estradiol 30 mcg	Levonorgestrel 0.15 mg	Oral	Avoid
Lo Loestrin Fe	Monophasic/ iron days 26-28	Ethinyl estradiol 10 mcg (days 1-26)	Norethindrone acetate 1 mg (days 1-24)	Oral	Avoid
LoSeasonique	Continuous cycle regimen	Ethinyl estradiol 20 mcg (days 1-84), 10 mcg (days 85-91)	Levonorgestrel 0.1 mg (days 1-84)	Oral	Avoid
Lybrel	Continuous	Ethinyl estradiol 20 mcg	Levonorgestrel 90 mcg	Oral	Avoid
Mirena	Progestin only		Levonorgestrel 20 mcg/day for 5 years	Intrauterine Device (IUD)	Acceptable
MonoNessa' Ortho-Cyclen' Previfem' Sprintec	Monophasic	Ethinyl estradiol 35 mcg	Norgestimate 0.25 mg	Oral	Avoid

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TRADE NAME	TYPE	ESTROGEN	PROGESTIN	FORMULATION	COMMENT
Natazia	Quadrephasic	Estradiol valerate 3 mg (days 1-2), 2 mg (days 3-24), 1 mg (25-26)	Dienogest none (days 1-2), 2 mg (days 3-7), 3 mg (days 8-24), none (days 25-28)	Oral	Avoid
Necon 1/35, Norinyl 1+35, Nortrel 1/35, Ortho-Novum 1/35	Monophasic	Ethinyl estradiol 35 mcg	Norethindrone 1 mg	Oral	Avoid
Necon 1/50, Norinyl 1+50, Ortho-Novum 1/50	Monophasic	Mestranol 50 mcg	Norethindrone 1 mg	Oral	Avoid
Necon 7/7/7, Nortrel 7/7/7, Ortho-Novum 7/7/7	Triphasic	Ethinyl estradiol 35 mcg	Norethindrone 0.5 mg (days 1-7), 0.75 mg (days 8-14), 1 mg (days 15-21)	Oral	Avoid
Necon 10/11, Ortho-Novum 10/11,	Biphasic	Ethinyl estradiol 35 mcg	Norethindrone 0.5 mg (days 1-10), 1 mg (days 11-21)	Oral	Avoid
Next Choice' Next Step' Plan B	Emergency Contraception		Levonorgestrel 0.75 mg	Oral	Acceptable
NuvaRing	Combination	Ethinyl estradiol 0.015 mg/day	Etonogestrel 0.12 mg/day	Vaginal ring	Avoid
Ocella' Syeda' Yasmin	Monophasic	Ethinyl estradiol 30 mcg	Drospirenone 3 mg	Oral	Avoid
Ogestrel 0.5/50	Monophasic	Ethinyl estradiol 50 mcg	Norgestrel 0.5 mg	Oral	Avoid
Ortho Evra	Combination	Ethinyl estradiol 20 mcg/day	Norelgestromin 150 mcg/day	Transdermal Patch	Avoid
Ortho-Tri-Cyclen' TriNessa' Tri-Previfem' Tri-Sprintec'	Triphasic	Ethinyl estradiol 35 mcg	Norgestimate 0.18 mg (days 1-7), 0.215 mg (days 8-14), 0.25 mg (days 15-21)	Oral	Avoid
Ortho-Tri-Cyclen Lo' Tri-Lo-Sprintec	Triphasic	Ethinyl estradiol 25 mcg	Norgestimate 0.18 mg (days 1-7), 0.215 mg (days 8-14), 0.25 mg (days 15-21)	Oral	Avoid

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TRADE NAME	TYPE	ESTROGEN	PROGESTIN	FORMULATION	COMMENT
Ovcon-50	Monophasic	Ethinyl estradiol 50 mcg	Norethindrone 1 mg	Oral	Avoid
Ovrette	Progestin only		Norgestrel 0.075 mg	Oral	Acceptable
ParaGard	Non-hormonal (copper)			Intrauterine Device (IUD)	Acceptable
Plan B One Step	Emergency contraception		Levonorgestrel 1.5 mg	Oral	Acceptable
Prefest	Multiphasic	Ethinyl estradiol 1mg (days 1-6)	Norgestimate 0.09 mg (days 4-6)	Oral	Avoid
Preven	Emergency contraception	Ethinyl estradiol 50 mcg	Levonorgestrel 0.25 mg	Oral	Avoid
Safyral	Monophasic + levomefolate calcium 0.451 mg days 22-28	Ethinyl estradiol 30 mcg	Drospirenone 3 mg	Oral	Avoid
Seasonique	Continuous cycle regimen	Ethinyl estradiol 30 mcg (days 1-84), 10 mcg (days 85-91)	Levonorgestrel 0.15 mg (days 1-84)	Oral	Avoid
Tri-Norinyl	Triphasic	Ethinyl estradiol 35 mcg	Norethindrone 0.5 mg (days 1-7), 1 mg (days 8-16), 0.5 mg (days 17-21)	Oral	Avoid
Zovia 1/50	Monophasic	Ethinyl estradiol 50 mcg	Ethinodiol diacetate 1 mg	Oral	Avoid